# How to Get Your Essure Removal Covered by Insurance: A Step-by-Step Guide

If you've decided to have your Essure device removed, you may be wondering how to get it covered by your insurance. Essure is a permanent birth control device that was removed from the market in 2019 due to safety concerns, and many women have decided to have it removed due to complications. Thankfully, a multitude of insurance providers offer coverage for the expenses associated with removing Essure. This article will furnish you with a comprehensive and detailed guide on the procedures necessary to have your Essure removal covered by insurance.

## **Understanding Essure Removal**

Before we dive into getting your Essure removal covered by insurance, let's take a closer look at it. Essure removal is a surgical operation that entails the extraction of the Essure device from your fallopian tubes. This procedure involves the physical removal of the Essure device from the body to ensure its complete eradication from the reproductive system. This procedure can be done through a laparoscopy or a hysteroscopy, depending on your situation. Although Essure removal is generally regarded as a safe procedure, it is not entirely risk-free. Therefore, it is crucial to discuss any potential risks associated with the procedure with your physician. Your doctor can provide you with a comprehensive evaluation of the risks and benefits of the procedure and help you make an informed decision regarding your health.

### Step-by-Step Guide to Getting Essure Removal Covered by Insurance

Contact your insurance company: The first step in getting your Essure removal covered by insurance is to contact your insurance company. Ask them about their coverage for Essure removal and what you need to do to get it covered.

Get a referral: Many insurance companies require a referral from your primary care physician or gynaecologist before they will cover the cost of Essure removal. Prior to scheduling an Essure removal procedure, it is advisable to seek a referral from your physician. Asking your doctor for a referral will ensure that you receive proper guidance on the best course of action for your individual health needs. By seeking a referral, you can also ensure that you receive treatment from a qualified specialist with the requisite expertise in Essure removal.

Find a qualified surgeon: Not all surgeons are qualified to perform Essure removal. Make sure to find a surgeon with experience with the procedure and is in-network with your insurance company.

Get pre-authorization: Before your procedure, your surgeon must get pre-authorization from your insurance company. It involves submitting documentation about the medical necessity of the procedure.

Schedule the procedure: Once you have pre-authorization from your insurance company, you can schedule the procedure with your surgeon.

After the Essure removal procedure, your surgeon will submit a claim to your insurance company on your behalf. It is essential to follow up with your insurance provider to confirm that the claim is processed accurately. By doing so, you can avoid any potential issues with insurance coverage and ensure that you receive the appropriate reimbursement for the procedure. Don't hesitate to contact your insurance company if you have any concerns or questions about the claim process.

### Tips for Getting Your Essure Removal Covered by Insurance

Please do your research: Research your insurance company's policy on Essure removal before contacting them.

Get multiple opinions: If you're having trouble finding a qualified surgeon to perform Essure removal, get multiple opinions.

Obtaining insurance coverage for Essure removal can be a time-consuming process. However, it is crucial to remain persistent and not give up.

It is advisable to keep a record of all communication with your insurance company and surgeon. These records will be useful in case you need to challenge a denial of coverage or appeal the decision. By keeping detailed records, you can provide the necessary evidence to support your case and increase the likelihood of receiving insurance coverage for the procedure.

#### Conclusion

If you're considering Essure removal, getting it covered by insurance can seem daunting. However, following these steps and tips can increase your chances of getting your Essure removal covered by insurance. Remember to research, be persistent, and keep records of all communication.

#### **FAQs**

Do all insurance companies cover Essure removal?

No, not all insurance companies cover the cost of Essure removal. Before scheduling an Essure removal procedure, it is essential to confirm with your insurance company if they cover the specific treatment. Checking with your insurance provider will help you determine if you need to pay for the procedure out-of-pocket or if your insurance policy covers the expenses associated with Essure removal. By confirming whether your insurance policy covers the expenses associated with Essure removal, you can avoid any unexpected costs and ensure that you receive the necessary treatment while minimizing your financial burden. It is crucial to prioritize your health needs while also being mindful of the financial implications

of medical procedures. Obtaining insurance coverage for Essure removal can help you alleviate financial stress and ensure that you receive the appropriate care without any unnecessary financial burden.

How long does it typically take to receive pre-authorization for Essure removal?

The time it takes to get pre-authorization for Essure removal varies depending on your insurance company. Some companies may take several weeks to process the request.

Is Essure removal a safe procedure?

Essure removal is generally safe, but like any surgical procedure, there are